Pa \mathbf{Z} СООК PARK NEIGHBORHOOD ASSOCIATION

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exhausts the

mind.

Leonardo da Vinci

www.cookparkneighborhood.com • cpneighborhood@gmail.com

Speakers series in your community make our neighborhood better

One of our goals has been to invite speakers to present at monthly meetings on issues that educate and enrich our lives locally. This past year your neighbor, Stephanie Casey invited Doug Kelley, Animal and Wildlife Administrator with the City and County of Denver to educate us on dealing with our city coyotes. The attendance was better than expected for an snowy winter evening and we all came away with a better understanding of how to deal with these urban dwellers. Watch for a re-run of this fascinating talk.

Neighbors, Steve and Pat Horgan spoke to us this summer about their vast knowledge on neighborhood garden tours. As a result, we are moving forward with the plan to hold one next year.

September meeting speaker: - The City Attorney's Office.

Thanks to the suggestion of neighbor, Keith Scisney, the City Attorney's Office will join us on September 16th to answer questions about what measures we citizens can take to keep our neighborhoods safe and tolerable under poor circumstances. What do you do if you have a problem with a particular resident on your street? What can we do about pan handlers or homeless people on our corners? What other concerns can the City Attorney's Office help us with? Join us for an enlightening presentation.

JOIN US at future meetings and provide suggestions on talks and topics you'd like us to schedule - you'll be glad you did!

Cook Park Neighborhood Association 2014 Board

President - Nancy Barlow (nb@barlowadvertising.com) Vice President - Ron Weiss Treasurer - Ray Vreeland Secretary - Debbie Vandre Advertising Director - Stephanie Casey Webmaster - Justin Wimbish Director at Large - Barbara Fallon

Our Neighborhood

Cook Park Neighborhood is bordered by Cherry Creek to the North, Evans Avenue to the South, Quebec Street to the East and Holly Street to the West.

CPNA meets every **3rd Tuesday at** 5:30 pm at the **Rec Center.**

September 16 October 21 November 18

(no meeting in December)

President's letter:

Volunteers are at the core of our neighborhood's success. Behind the scenes there are many neighbors that give thanklessly to help organize events that we all get enjoyment from. A few of this past summer's event volunteers should not go unrecognized for their efforts.

> Mary Walsh and Debbie Vandre planned and orchestrated another successful neighborhood sale.

Merrick Weaver and Melissa Cantu tirelessly share the role of planning the 4th of July Bike parade and picnic.

The East Evans Business Association Board of Directors leads this rather new but rapidly growing group consisting of members from local businesses, non-profits and neighbors. Thank you TC Clark, owner of Milo's for accepting the challenge of President of the EEBA.

This year's National Night Out organizing committee did a tremendous job to ensure that our NNO was one of the city's finest. Thank you, Joan Toohey and Rochelle Faraco, Senior Solutions Real Estate, Beth Trudgeon, Debbie Vandre, Vandre Properties and Jill Butterly, Carpet One. I enjoyed working with all of you.

Stephanie Casey, Cook Park Board member will head up the 3rd annual holiday lighting contest this December.

I'm personally grateful to each of you for your devotion to our neighborhood.

Nancy Barlow, President of the CPNA





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Join the Crop Walk for Hunger

Just what is Crop Walk for Hunger? A local neighborhood church, Salem United Church of Christ, is hosting the Southeast Denver Crop Walk for 2014. CROP stands for "Communities Responding to Overcome Poverty -- a worthy name for our response to hunger and poverty in an ever-changing world."

CROP grew out of the fields of middle America. It was born in 1947, in response to the needs of hungry and suffering people in post-War Europe and Asia. U.S.



Christians wanted to help their overseas neighbors in need.

CROP's original mission was to collect food commodities -- primarily grain -- and ship them overseas. Trains, boats, and eventually planes would come into play.

With a shift from a rural agricultural focus to a

suburban/urban base in the '70s, CROP became simply the Community Hunger Appeal of Church World Service. Neighbors walking together to take a stand against hunger in our world. Different ages, faiths and backgrounds – together, raising awareness and funds for international relief and development, as well as local hunger-fighting programs.

On October 17, 1969, a thousand people in Bismarck, ND, walked in what may have been the start of the hunger walks related to CROP and raised \$25,000 to help stop hunger. As far as we know, York County, Penn., was the first walk officially called the CROP Walk for the Hungry and that event has been continuous since 1970. Several other CROP Hunger Walks occurred soon thereafter, and



before long there were hundreds of Walks each year in communities nationwide. Some 2,000 communities across the country take part each year. With its inception in 1969, CROP Hunger Walks are "viewed by many as the granddaddy of charity walks". (Los Angeles Times – Oct., 26, 2009)

More than five million CROP Hunger Walkers have participated in more

than 36,000 CROP Hunger Walks in the last two decades alone. As CROP Hunger Walks have enjoyed continued success, they have become vital, interfaith community-wide events -- an opportunity for people from throughout a community to come together to help neighbors in need around the block and around the world.

What's the point of walking?

Hungry people in developing countries typically walk as many as six miles a day to get food, water, and fuel, and to take their goods to market. CROP Hunger Walks present an opportunity to walk in solidarity with their struggle for existence.

CROP Hunger Walk demographics

• 68% are over 18, average age is 33.5.

• About two-thirds are women.

• 64% of CROP Hunger Walkers over age 18 have a college or advanced degree. Half are professionally employed in their communities.

• Half are CROP Hunger Walking for their second, third, fourth, or more time.

• 73% of participants say fighting hunger locally and globally is their key reason for taking part.

• 53% say the CROP Hunger Walk is the only fund-raising marathon-type activity in which they participate.

• Walkers get about 95% of their sponsors from their place of worship, family, neighborhood and workplace.

Where does the money go?

In the last 20 years, CROP Hunger Walks have raised more than \$294 million to help people struggling to feed their families both around the world and around the corner. In fact, 25 percent of the funds raised by CROP Hunger Walks benefit the communities where they take place, by supporting local food banks, pantries, community gardens and other hunger-fighting initiatives. Over the last five years, on average just over 16.1% of the funds contributed to Church World Service has gone to management, fund raising and information sharing (Administrative Costs). CROP Hunger Walks help to provide food and water, as well as resources that empower people to meet their own needs. From seeds and tools, to wells and water systems, to technical training and micro-enterprise loans, the key is people working together to identify their own development priorities, their strengths and their needs.



How do YOU get involved?

It is with great pleasure that your neighborhood church, Salem United Church of Christ, is hosting the Southeast Denver Crop Walk in 2014. The day of 'The Walk' is Sunday, October 12, 2014 and will begin and end at Salem Church @ 5300 E. Florida Ave. Registration for the walk begins @1PM on the front lawn with the walk beginning around 2PM. There are different distances for different age groups. Fund raising information and materials can be obtained from Salem Pastor, Bruce ILL. So, call the church@ (303)759-4649.

Please consider joining them to raise awareness and money for the hungry of our community, nation, and the world.



Haunted Denver - do you believe in Mile High ghosts? A Halloween special reprinted from www.legendsofamerica.com

Not only does Denver have a long and rich history, but the past has left in its wake, a plethora of ghosts that are said to roam its historic streets and buildings.

Denver Hauntings:

Brown Palace Hotel - This century old luxury hotel is said to host a number of spirits in its historic rooms and hallways. The ghost of an old railroad ticket manager walks directly into a wall, a baby is heard crying in the basement, an ethereal waiter rides the service elevator, and a long dead string quartet has been known to practice their music here.

Buckhorn Exchange - Denver's oldest restaurant began its life as little more than a trading post way back in 1893. Today, the Buckhorn continues a century old tradition of serving up wild game and steaks in an old west atmosphere. According to the tales, some of the many old traders, miners, scouts, and cowboys continue to lurk about this historic steakhouse, as ethereal voices and footsteps are often heard and tables seemingly move of their own accord.



Capitol Hill - Once the neighborhood of Denver's wealthiest citizens, Capitol Hill continues to wear its decadent image with honor, blending the past with the present, as ancient Victorian mansions and contemporary condos and apartment complexes dot the neighborhood. Also here in this historic neighborhood, are a bevy of ghosts. Ghost tours of the area tell of numerous entities who continue to inhabit this historic neighborhood. At the old Governor's Mansion, ghosts are said to walk the halls, at the State Capitol buildings, a phantom woman in a long dress is often known to appear.

At one location, a house once stood that was the inspiration for the 1980 horror film, "The Changeling." Though the ghostly tours offered of Capitol Hill vary, they often include the State Capitol, Grant-Humphries Mansion, the Croke-Patterson Mansion, Cheesman Park, the Brown Palace Hotel, and the Molly Brown House.

Cheesman Park – During the 19th century, this park was a cemetery for decades. Though intended for the masses, the graveyard ended up being mostly for outlaws, pauper's and the diseased. When it became overgrown and a terrible eyesore, the city made it into a park. However, as many as 2,000 bodies are said to remain buried here and the restless spirits continue to roam the park and the surrounding neighborhood.

Croke Patterson Mansion - Built in 1890 by Thomas B. Croke, this sandstone residence was one of the country's most elegant homes. Now serving as an office building, it is also said to be one of the most haunted. *(cont. on page 11)*



Rain can't stop Coloradoans from having a good time

by Pastor Mike Lemke - Cross of Glory Lutheran Church



What a wonderful evening we experienced together Tuesday, August 5! Cook Park came together for its annual "Get to Know Your Neighbors" National Night Out. As in past years, merchants displayed their wares, residents ate too many hot dogs and the band played Americana favorites! And then, right when we thought things could not get any better, the police helicopter made its planned descent into the park. Young and old alike, flocked to the helicopter to pass on greatest appreciations to the brave men and women who patrol and protect our community.

If you recall that Tuesday, many of us wondered if we would be able

to host our National Night Out at all! We have had so much rain in Denver this summer. That August Tuesday started out to be a glorious day, certainly suggesting, at least, a beautiful Colorado evening. By 3 PM however, gray storm clouds appeared in the west, threatening to dump rain and dampen spirits on our Cook Park party. Sure enough, 90 minutes before the planned start of our gathering, clouds gave way to hail!

Immediately, I received calls at the church wondering if our Cook Park "National Night Out" might be canceled. I told parishioners, "Let's weather this storm." – "Let's plan on having a wonderful evening together, rain or shine, even if we end up back at the church hosting our party INSIDE!" As most of us in community know, the evening turned out to absolutely fantastic. The rain let up a little after 5 PM, actually helping to cool down what would have otherwise have been a sweltering start to our Cook Park gathering. The weather gave those of us setting up booths a chuckle... a common story... an ice breaker.

What threatened to ruin our evening ironically helped connect us.

I cannot help but think of the lesson to be learned. Ultimately, we do not have a lot of control over much of anything. Stuff happens. What we do have control over is how we react to rain and shine times. Both inevitably come. Both are necessary. I thank God for the attitude of those who "weathered the storm" that first Tuesday evening of August. We had a blast together. I suspect however, that given commendable attitudes, we all would have had an amazing evening together even had it snowed! Just something to think about.

STAY IN THE LOOP

Join us at a CPNA meeting: every 3rd Tuesday of the month at 5:30 pm at the Rec Center. We love meeting new faces!







Useful telephone numbers and websites

•	Neighborhood
Police/Fire/Medical Emergency 9-1-1 City Services 3-1-1	
Police (non-emergency) 720-913-2000	baby sitters:
District 3 Police Station (admin. and info.) 720-913-1300	Alexandra (Marsy) Crowley
Neighborhood Inspection Service 720-865-3200	303-512-1212 debdowns@msn.com (mom's email)
(for zoning violations, un-shoveled snow, weeds, front yard junk, abandoned vehicles, etc.)	Gabriela Mar
Graffiti Hot Line 720-865-7867	303-937-4991
Street Maintenance/Pothole Repair 720-865-6855	Cell 720-260-0910
Animal Control/Barking Dogs 303-698-0076	Gabymar86@yahoo.com
Denveranimalshelter.com	Megan Gartland
Denver Dumb Friends League to report a lost or found pet 303.751.5772 x 7254	Cell: 720-253-5245 Personal Email: megan499@gmail.con
Denver's Household Hazardous Waste Collection 800-449-7587	reisonal Email: megan+>>@gmail.com
Power Failure—Xcel 800-895-1999	Lily Rivera
Denver Recycles 720-865-6805	303-667-3818 (her cell) Lilyschmitttt@gmail.com
Solid Waste Department (Trash Pick Up) 720-865-6900, after hours call 720-865-6855	*She is Heartsaver Pediatric
Mayor Hancock, MileHighMayor@denvergov.org, 720-865-9090	First Aid, CPR, AED certified
Paul Rosenthal, State Rep. District 9 303-866-2910 or paul.rosenthal.house@state.co.us	Annika Moen
Councilman Charlie Brown's office - 720-337-6666	303-748-0047
Bruce Hoyt, School Board Rep. 303-764-3210	annikamoen7@gmail.com
Bill James, RTD Rep. 303-316-6768	If you would like to be added to this
Rocky Mountain Poison Center – 1.800.222.1222	list please contact Debbie Vandre at
COP Shop - 303-329-0500	debbie@vandreproperties.com

DPD District 3 CAB Meetings - everyone is welcome



A great way to stay informed and voice your opinion/concerns about crime and other events taking place within the community is to attend the monthly Community Advisory Board meetings at the District 3 station located at I-25 and University. Commander Montoya believes in the importance of bringing citizens together so they can introduce themselves and bring awareness to others by reporting on crimes, suspicious activities, traffic issues, etc. as well as share positive information about local events or programs designed to improve our community.

Commander Montoya begins the meeting by updating the group about the previous month's crime which includes neighborhoods such as Cook Park, Virginia Village, Washington Park, Wellshire, Cory/Merrill and several other area neighborhoods. He has updates about burglaries, car break ins, shootings, assaults, etc. He then opens it up to each person in attendance beginning at the front of the room by addressing almost everyone in the room by name!

Many neighbors have been coming to these meetings for years and Commander Montoya knows each and every one.

The meetings are the first Thursday each month and start at 6 PM and usually last until 7. The room is usually packed with about 35 in attendance. Often there are some District 3 officers in attendance who also share updated information. A great way to find out about the meetings and the information shared is to connect on Nextdoor.com. Plan to come and voice your opinion or concern.



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(303) 757-0157 or (303) 756-6698 Open Tuesday - Saturday 8:30 am - 5:00 pm Evening appointments are by appointment only.

Local business reviews

3D Nails - 1950 S Holly St., 720.447.0978 - by Stephanie Casey

One of my favorite indulgences is to get a pedicure. And now I can go even more often because 3D Nails has opened up right around the corner! Tanh Orr also known as Tina, opened her salon February 2 of this year. Tanh has about 22 years of experience as a nail professional having started at the young age of 19 living in Vietnam. She now lives in Denver with her husband David and precious little Shih Tzu, Babo.

Her salon is brightly lit with 3 chairs for manicures and 3 chairs for pedicures. The atmosphere is relaxing and she always has calming music playing in the background. Tanh offers a variety of services to include a multitude of nail designs. She's very reasonably priced and provides quality and friendly service. She definitely takes pride in her profession.

Some of her services include:

Lavender and mud mask treatment; \$10 for feet, \$6 for hands Manicure \$12 Pedicure \$25 Mani – Pedi \$35 Design for both big toes \$5 and up 3D Design \$5 and up Deluxe Pedicure \$40 which includes lavender paraffin, mud mask treatment with hot stones. Waxing services, Gel polish and UV gel also available.

Tanh keeps a frequent visit card on each customer and when you purchase 9 pedicures you get one free, 9 manicures and pedicures, get one combo free. Gift certificates are available.

Tanh is open 6 days a week: M-F, 9:30 - 7 and Saturday 9:30 - 6. Because she is the only employee it is required that you call to make a reservation. But you can easily get a time for the same day.

Detour Bakery - 1479 S Holly St. - by Stephanie Casey.

How MERVEILLEUX (marvelous) it is to have a French bakery right here in our neighborhood! On a recent Saturday afternoon I decided to visit the bakery in hopes that I would get there before they closed at 3pm. Upon entering I was greeted by a very professional and friendly young lady who very kindly explained to me the owner was not available but should be in momentarily. So I decided to sit down at one of the café style tables to look around and wait. As I was waiting someone came through the door about every couple of minutes to keep a steady flow going the whole time I was there. No sooner did I sit down than Florence Payne came over and sat down to talk with me. It was clear she was very busy and tired too as she'd already been there 11 hours. Born in France, Florence and her American husband Jeff do not have any baking experience and began baking French bread and pastries as a hobby. Having experience with business plans, Jeff decided to take a risk and opened Detour Bakery in November of 2013. The bakery offers a good variety of daily baked baguettes and pastries but not so many that it's difficult to choose. They offer different and unique flavors different days of the week. And if you're lucky they will offer you a sample! The day I was there I bought a bacon/jalapeno baguette, a viennoise, and was given a couple of different croissants to try. The bakery is inviting, calming and right around the corner! Now we all have a place to go for authentic French bread and pastries! They can be reached at 303.756.2020, or info@detour-bakery.com. Their website is www.detour-bakery.com. They're open every day except Sunday and Monday. (cont. on page 10)



Our annual holiday light contest in December could win you a GREAT prize. Sign up as an individual home or get your neighbors to join you for a group entry. Details to come in our December, Winter 2014 issue.

Battle Those Low Rates - with Three Types of Income

If you depend on fixed-income investments for at least part of your income, you probably haven't been too happy in recent years, as interest rates have hit historic lows. Nonetheless, even in a low-rate environment, you can broaden the income-producing potential of your investment portfolio.

However, before taking action, it's helpful to know what the near-term direction of interest rates may look like. The Federal Reserve has stated that it plans to keep short-term rates at their current historic lows until at least mid-2015. The Fed doesn't control long-term rates, making them somewhat less predictable, but it's still likely that these rates will rise sooner than short-term ones.

In any case, rather than worry about something you can't control – that is, interest rate movements – try to focus on those things you can accomplish. And one achievable goal is to create an investment mix that includes three types of income: variable, reliable and rising.

• Variable income investments – Some variable income investments, such as certificates of deposit (CDs), offer significant protection of principal, and the value of your investment won't change with fluctuating interest rates, provided you hold your CD until maturity. Of course, current rates are quite low, which means CDs provide you with little income today, but their rates have the potential to rise along with short-term interest rates.

• Reliable income investments – When you purchase reliable income investments, which can include individual bonds, you have the opportunity to earn more income today, and more consistent income over time, than you'd typically get from variable income investments. However, you will likely also experience greater price fluctuations as interest rates change. Specifically, as interest rates rise, the price of your existing bonds typically will fall.

• Rising income investments – When investing for income, you'll want to keep at least one eye on inflation – because if the interest rates paid on your CDs and individual bonds are lower than the annual inflation rate, you may lose purchasing power. If this gap persists over time, it could grow into a real problem for you. Consequently, you'll want at least some of your investment income to come from rising income investments, such as dividend-paying stocks. Of course, not all stocks pay dividends, but with the help of your financial advisor, you can find companies that have paid – and even increased – their dividends for many years running. And if you don't actually need the dividends to supplement your cash flow, you can reinvest them to build your ownership stake in these stocks. Keep in mind, though, that companies can reduce or discontinue dividends at any time. Also, remember that stock prices will constantly rise and fall, so the value of your principal could decline. As you can see, all three types of income-producing investments – variable, reliable and rising – offer some benefits, along with some risks of which you need to be aware. But putting together a mix of these investments that's appropriate for your individual needs, goals and risk tolerance may help you boost the productivity of the "income" portion of your portfolio – no matter what's happening with interest rates.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

BUSINESS ASSOCIATION

East Evans Business Association

The EEBA meets every 4th Tuesday of the month. Local businesses, property owners, non-profits and neighbors are encouraged to come. The purpose of the EEBA is to improve the quality of life on Evans and its surrounding neighborhoods. The Idea Center 5403 East Evans Ave Denver, CO 80222 5:30 pm • SEPTEMBER 23 • OCTOBER 28 • NOVEMBER 25 (No meeting in December)



Little Pollinators: How to remove them without

extermination by Stephanie Casey



In our summer issue we covered home remedies for insect bites and stings and now as we're approaching fall, these little pollinators are looking for homes. Despite their benefit for the environment, most folks don't want a hive of honey bees in close proximity to their homes (even if they are minding their own beeswax!) so find out what to do with the little pollinators if they decide to take up residence on your property. Understand what you're dealing with. Before you take any action, it's important to make sure that it is definitely bees you're dealing with, and not wasps or hornets. Bees are valuable pollinators and are not aggressive or dangerous (unless someone in your family has an allergy) so killing them should be avoided if possible.

• You can identify bees by examining their appearance (this is easiest if you can find a dead bee). Look for hairs on

the body - all bees have hairs, whereas wasps tend to have smooth exteriors.

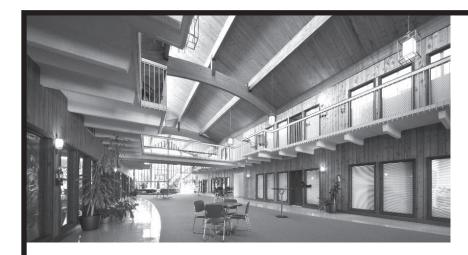
• Also try to get a look at the nest. Honey bees build their nests out of wax, in a honeycomb formation, whereas other stinging insects tend to construct their nests out of wood fiber or mud.

• Honey bees tend to be most active in spring, when they are collecting pollen. Watch for signs of them flying back and forth from the nest.

• Call a local beekeeper. If you have confirmed the presence of honey bees and have identified the location of their nest (they prefer enclosed spaces like wall cavities, roofs and chimneys) your first step should be to call a local beekeeper.

• Beekeepers will often physically remove both the bees and their hive, without needing to exterminate them. They may do this for free or they may charge a fee, depending on the location of the nest and the effort involved in removing them.

• The beekeeper will usually cut out the honeycombs with the brood inside and place them in frames, which the beekeeper can later transfer to his/her own hive box. *(cont. on page 12)*





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The Offices 🔒

PANORAMA PARK SOUTH

Did you know Colorado has a State Pet?



In 2013, Colorado became the 12th state to designate an official state pet, choosing SHELTER CATS AND DOGS (awww) as their "breed" of choice. The proposal was suggested by schoolchildren learning about the legislative process, and although they faced opposition from those favoring purebred animals, the state chose to support its rescue pets. To pay tribute to our "State Pet" here's a list of local shelters and animal rescue services you can call or visit to adopt one for yourself.

Shelters:

Denver Dumb Friends League: (303) 751-5772 • 2080 S. Quebec St., Denver, CO Max Fund: (303) 595-4917 • 1025 Galapago, Denver, CO Denver Municipal Animal Shelter: (303) 698-0076 • 678 S Jason, Denver, CO Animal Rescue & Adoption Society: (303) 744-6076 • 2390 S Delaware St, Denver, CO Denver Animal Shelter: 720-913-1311 or 311 • 1241 W. Bayaud Ave • Denver, CO Cat Care Society: (303) 239-9680 • 5787 W. 6th Ave., Lakewood, CO Rocky Mountain Feline Rescue: (303) 744-6076 • 2390 S Delaware St., Denver, CO

Lost or Found:

Pet Line 9 • (303) 751-5557 Nextdoor.com: post lost or found animals or check to locate your lost furry friend Urban Wildlife Rescue Inc.: (303) 340-4911

Local business reviews cont.

Neyoun Corporation 303-733-9985 - by Ray Vreeland

Recently the CPNA Board agreed to pursue professional advice and counsel in taxation matters. Following a short discussion, we contacted the Neyoun Corporation. Conveniently located within our Neighborhood on Oneida Street just north of Evans Avenue, The Neyoun Corporation offers accounting, payroll and taxation services for small/medium businesses. Through my discussions and meetings with Khaled, we were able to quickly formulate a strategy to move forward. I would certainly recommend the Neyoun Corporation for businesses who are seeking accounting/taxation services.

Honeybee Keep - 303-248-6677 - by Nancy Barlow

Just this past summer we discovered a large yellow jacket hive had been constructed under our deck. Not wanting to kill the bees, we called Don Studinski, a local Beekeeper to remove and relocate the hive. Don did a great job removing a significant hive up to perhaps 5,000 bees and was extremely informative about bees in general. What was a stressful situation turned into a fascinating and educational experience. You can call Don at 303-248-6677 or visit his website at HoneybeeKeep.com

Local Real Estate News

Denver's market is still on the rise. Here is an overview from Debbie Vandre For more information on our neighborhood, contact Debbie Vandre at 303-517-0891 or email her at Debbie@VandreProperties.com

Homes Priced Below \$399,000 11 Sold 7 Under Contract 5 Active

List to Sold 57 Days

Over \$400,000 4 Sold 0 Under Contract 0 Active

List to Sold 53 Days



harmony-yoga.com | 560 S. Holly Street, Suite 15 303.388.8501 | SE Corner of S. Holly & Leetsdale

Summer Yoga in Cook Park!

st Sundays from – 10 am ree classes

Taught by your Cook Park neighbors 6/1: Michelle Voeller 7/6: Merrick Weaver 8/3: Nancie Carollo 9/7: Lania Ross

Yoga for everyone!

All ages, levels, shapes, & sizes welcome! Meet by Pavilion #1 (northeast corner of Mexico & Monaco) Donation suggested

Family Fun!

Bring your kids for a separate kids' yoga class!

Haunted Denver cont.

According to the legend Thomas B. Croke, only entered the palatial mansion one time and was so emotionally shaken by "whatever" was there, that he never returned. Just two years later it was sold to Thomas M. Patterson, whose family kept the home for several decades. Over the next several years, the building served many purposes, including a dance studio, a radio station, and a boarding house before it was converted to an office building. During the renovation to office space in the 1970's, construction crews began to experience a number of strange occurrences.

After a long days work, they would often return the next day to find that the tasks they had completed the day before had been "undone." After this had occurred several times, guard dogs were left to protect the property from what the workmen thought might be intruders. However, the next day they found the two Doberman Pinschers dead on the sidewalk after having apparently jumped from a third-story window. Once the renovation to office building was complete, employees almost immediately began to notice equipment, such as typewriters, copy machines, and telephones that mysteriously began to operate by themselves.

When a séance was held to determine who was haunting the building, they found it to be the spirit of a little girl whose body was supposedly entombed in the cellar. However, when the basement was excavated, they found a hidden chamber was found, filled with sea sand, but no remains of a little girl.

A ghostly image has often been sighted gliding up and down the main floor stairway and otherworldly voices have been heard here as well. Thomas Patterson, former owner of the home, is said to have been spied numerous times in the courtyard between the mansion and the carriage house.

When the building still served as an apartment building, occupants on the lower levels were known to complain about wild parties taking place on the third level. But, when these parties were investigated, they would be met with only silent emptiness. The Croke Mansion is now the Patterson Inn B&B

Local Ghost Tour information:

• Sunday, October 12: Ghosts of Cheesman Park, 11:00 am-1:00 pm. Meet at the gazebo near the equivalent of 12th Avenue and Gilpin Street. The cost is \$10.00.

• Saturday, October 18: Ghost Walk, 7:00 pm–9:00 pm. Meet at the statute of the Indian on the east lawn of the Capitol along Grant Street between Colfax and 14th avenues. The cost is \$20.00.

• Friday, October 24: Ghost Walk, 7:00 pm-9:00 pm. Meet at the statute of the Indian on the east lawn of the Capitol along Grant Street between Colfax and 14th avenues. The cost is \$20.00.

• Saturday, October 25: Ghost Walk, 7:00 pm-9:00 pm. Meet at the statute of the Indian on the east lawn of the Capitol along Grant Street between Colfax and 14th avenues. The cost is \$20.00.

• Friday, October 31: Ghost Walk, 7:00 pm-9:00 pm. Meet at the statute of the Indian on the east lawn of the Capitol along Grant Street between Colfax and 14th avenues. The cost is \$20.00.

Edging Fabric Mulches Rock Boulders Planting Trees Shrubs Annuals Perennials Roses Bulbs Seeds Vegetables Fertilizing Disease Control Insect Control Deadheading Pruning	Amending Watering Watering Watering Watering Sodding Seeding Weed Control Raking Cleaning Flagstone Pavers Walkways French Drains Fence Repair Timbers Snow Removal Hauling Advice Planning Custom Gardening	 ELDERAUTO Family owned and operated for 20 years. AAA repair facility BBB Member for 20 years with an A+Rating! Shuttle service We accept all credit cards and offer 90 days same as cash. Ramon Elder - Owner 303.756.AUTO (2886) 5555 East Evans Avenue Denver, CO 80222 www.elderauto.net 	Y
	ommercial Landscaping 56.0511	\$20 brake repair for 1st time customers	www.



Vandre Properties

Contact Debbie, your Cook Park neighborhood expert, to provide exceptional service when you're ready to buy or sell your home.



Keller Williams DTC RÔ

Debbie Vandre, Cook Park Neighborhood resident for 24 years.

303.517.0891 Debbie@vandreproperties.com

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For a Graffiti-Free Denver – A Citizen Action Plan



A few months ago, Ginger Schlote participated in Denver Police District 3's Community Advisory Board (CAB). Usually at the monthly CAB meetings, citizens share neighborhood crime concerns seeking help from the police. Ginger shared the work she has undertaken to put teeth into consequences of graffiti vandalism and to help the police rid our neighborhoods of graffiti blight, which costs Denver well over a million dollars annually.

About one and a half years ago, Graffiti Detective George Gray devised the Graffiti Impact Letter program, and citizen Schlote volunteered to implement the program and gather other letter writers. After getting advice from Chief

Robert White and Mayor Michael Hancock, Ginger began the letter-writing campaign used to alert judges and defense attorneys of the impact that graffiti has on our neighborhoods. This is how it works.

A graffiti detective, either George Gray or Gerard Alarcon, contacts Ginger with the "street name" of a vandal who is going before the court system because of graffiti damage to the city. The detective gives specific information regarding the individual, for example, his "tag", where he operates, and/or any other pertinent information. Ginger then forwards that information on to the group of people who are assisting writing letters that are addressed to the judge handling the case. These electronic letters are sent via email through the detective, who prints them out and includes them in the file presented to the presiding judge. A stack of letters from citizens regarding the charged individual makes an impact. Frequently, the defense attorney sees the letters and decides to plead out the case rather than let the judge know the impact the perpetrator has had on the community. Both the detectives and the District Attorney's office have advised that these letters are a valuable tool. So the more the better, and Ginger could use our help.

Please contact Ms. Schlote, whose nom du email is Sally Jones, at olgreymare@yahoo.com, for further information and/or to join the anti-graffiti campaign.

Little Pollinators cont.

However, if the nest is difficult to reach, the beekeeper may use a special vacuum to suck up the bees without killing them.
If the nest is behind a wall, you may need to call a contractor to knock down a portion of the wall to give the beekeeper access to the bees. As the homeowner, you will need to cover the cost of this, and any repairs that follow.

If you can find a local beekeeper who is willing to help you with your bee problem, they may be able to save most of the bees by transferring them to a hive. The bees are likely to become agitated as the beekeeper is doing his/her job. Therefore it's recommended that you keep your family, especially any children or pets, inside until the job is complete. The beekeeper will be protected by their beekeeping suit. If the hive is easily accessible, the beekeeper will be able to simply cut out the comb containing the brood and bees and place it directly into a hive box. Alternatively, if the hive is trapped in a section of tree or fence, a hive body can be placed over the entrance and the bees will crawl into it by themselves. Finally, if the hive is in a difficult to reach the spot, the beekeeper may place an exit cone over the entrance to the hive. This will trap the worker bees outside. A hive body will then be hung in a nearby location, which the trapped-out bees will eventually join.

Finally, you can try using natural bee repellents to prevent bees from taking up residence on your property.

- Citronella: The scent of citronella is believed to ward off bees and wasps. You can take advantage of this fact by growing citronella plants in your garden or burning citronella candles.
- Cucumber peels: The peelings from a cucumber are also believed to naturally repel bees. Simply sprinkle the cucumber peels over your lawn and any flower beds. This will deter the bees which also helping to fertilize your garden!

